## Sat-Sun April 7-8, 2018 Region 11 Meet #1, Two locations - Sat AM & Sun PM Sat April 7 = Upper Dublin High School 8:30 AM Arrival, Meet Starts at 9:00 AM Teams: St. Alphonsus-St. Catherine, Nativity-St. Cyril-St. Vincent, St. David/OLHC, OLGC Order of Events: 1600m; 100m; 400m; 800m; 200m; 4x100m Relay; LJ; HJ; SP

Sun April 8 = Central Bucks South High School 12:30 PM Arrival, Meet Starts at 1:00 PM Teams: St. Joe/Rob, Gwynedd Mercy, St. Hilary, St. Albert, St. Anthony Order of Events: 1600m; 100m; 400m; 800m; 200m; 4x100m Relay; LJ; HJ; SP

Sat-Sun April 14-15, 2018 Region 11 Meet #2, Two locations - Sat AM & Sun PM NOTE: 800m and 200m will be the first two running events this week
Sat April 14 = Upper Dublin High School 8:30 AM Arrival, Meet Starts at 9:00 AM
Teams: St. Alphonsus-St. Catherine, St. Anthony, OLGC, Gwynedd Mercy, St. Hilary, St. Albert Order of Events: 800m; 200m; 400m; 1600m; 100m; 4x100m Relay; LJ; HJ; SP

Sun April 15 = Central Bucks South High School 12:30 PM Arrival, Meet Starts at 1:00 PM Teams: St. Joe/Rob, Nativity-St. Cyril-St. Vincent, St. David/OLHC Order of Events: 800m; 200m; 400m; 1600m; 100m; 4x100m Relay; LJ; HJ; SP

Sat-Sun April 21-22, 2018 Region 11 Meet #3, Two locations - Sat AM & Sun PM NOTE: The 4x100 for Penn Relay practice will be the first running event this week Sat April 21 = Upper Dublin High School 8:30 AM Arrival, Meet Starts at 9:00 AM Teams: St. Alphonsus-St. Catherine, Nativity-St. Cyril-St. Vincent, St. David/OLHC, St. Anthony Order of Events: 4x100m (Penn Relays); 1600m; 100m; 400m; 800m; 200m; 4x200m Relay; LJ; HJ; SP

Sun April 22 = Central Bucks South High School 12:30 PM Arrival, Meet Starts at 1:00 PM Teams: St. Joe/Rob, OLGC, St. Albert, St. Hilary, Gwynedd Mercy Order of Events: 4x100 (Penn Relays); 1600m; 100m; 400m; 800m; 200m; 4x200m Relay; LJ; HJ; SP

CYO Night at Penn Relays – Tue April 24; Championship Finals – Fri April 27

Sat-Sun April 28-29, 2018 Region 11 Meet #4, Two locations - Sat AM & Sun PM Note: 200m and 100m flip order; 4x200 relay at end of meet to educate runners on format Sat April 28 = Upper Dublin High School 8:30 AM Arrival, Meet Starts at 9:00 AM Teams: St. Alphonsus-St. Catherine, Gwynedd Mercy, St. Albert, St. Hilary, St. Anthony Order of Events: 1600m; 200m; 400m; 800m; 100m; 4x200m Relay; LJ; HJ; SP

Sun April 29 = Central Bucks South High School 12:30 PM Arrival, Meet Starts at 1:00 PM Teams: St. Joe/Rob, OLGC, Nativity-St. Cyril-St. Vincent, St. David/OLHC Order of Events: 1600m; 200m; 400m; 800m; 100m; 4x200m Relay; LJ; HJ; SP

Region 11 Championships - Varsity - Sat May 5 - 1:00 PM - Hatboro-Horsham HS

Bantam Championships - K to 3rd Grade - Sun May 6 - 1:00 PM - Central Bucks South HS

Area C Championships – Sun May 20 – 1:00 PM – Bensalem HS (top 6 Individual Events; top 4 Relays)

Archdiocese Championships - Sat June 2 - 9:30 AM - Franklin Field, U of Penn