

2021 REGION 11 CYO TRACK CHAMPIONSHIPS

SATURDAY MAY 22, 2021 UPPER MORELAND HIGH SCHOOL

ORDER OF EVENTS

EVENT AGE GROUP TIME

*The meet is run without unnecessary delay and therefore may run ahead of schedule.
Please have athletes on site at least 30 minutes prior to their scheduled event.*

100 Meter Prelims	Novice Girls/Boys	1:00 PM
	Minor Girls/Boys	1:10
	Cadet Girls/Boys	1:20
4 x 800m Open Relay	Open Girls/Boys	1:30
4 x 200m Relay	Novice Girls/Boys	1:50
	Minor Girls/Boys	2:00
	Cadet Girls/Boys	2:10
1600 Meters	Novice Girls/Boys	2:20
	Minor Girls	2:35
100 Meter Finals	ALL AGE GROUPS	2:45
1600 Meters	Minor Boys	3:00
	Cadet Girls/Boys	3:10
400 Meters	Novice Girls/Boys	3:30
	Minor Girls/Boys	3:45
	Cadet Girls/Boys	4:00

Sportsmanship Awards

4 x 100 Relay	Novice Girls/Boys	4:15
	Minor Girls/Boys	4:20
	Cadet Girls/Boys	4:25
800 Meters	Novice Girls/Boys	4:30
	Minor Girls/Boys	4:40
	Cadet Girls/Boys	4:50
200 Meters	Novice Girls/Boys	5:00
	Minor Girls/Boys	5:10
	Cadet Girls/Boys	5:20
4 x 400m Open Relay	Open Girls/Boys	5:30

Awards Presentation to follow the last race

OPEN PIT - LONG JUMP & SHOT PUT @ 12:30 PM – ADVANCE PERMISSION NEEDED

FIELD EVENTS	HIGH JUMP	LONG JUMP	SHOT PUT	TRIPLE JUMP
Novice Girls	2:15 PM	1:00 PM	3:00 PM	
Novice Boys	2:45 PM	1:30 PM	3:30 PM	
Minor Girls	3:15 PM	2:00 PM	1:00 PM	
Minor Boys	3:45 PM	2:30 PM	1:30 PM	
Cadet Girls	1:45 PM	3:00 PM	2:00 PM	4:00 PM
Cadet Boys	1:00 PM	3:30 PM	2:30 PM	4:15 PM

Field Events will close 30 MINUTES after the posted time or after the event begins, whichever is later. Exceptions can be made with prior arrangements.