

Mt St Joseph Academy Running Camp

Looking for some fun and challenging activities for your daughter this summer?



Distance Running, Sprints, Throws,
Hurdles, Jumps, Conditioning,
Light Weight Training, Nutrition Tips

When: June 21-24

Where: Mount St Joseph Academy

Time: 9Am-12PM

Cost: \$160 per camper

(\$140 if registered before April 16)

Each Camper will receive a tee-shirt

Register- www.msjacad.org

Coach Kitty McClernand- ktmcclernand@gmail.com