

2023 Green REGION CYO TRACK CHAMPIONSHIPS

SUNDAY MAY 7, 2023 HATBORO-HORSHAM HIGH SCHOOL

ORDER OF EVENTS

TRACK EVENT	AGE GROUP	TIME
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Important Note: The times listed are approximate times for races. The meet may run ahead of schedule. Please have athletes on site at least 1-hour prior to their scheduled event.

Co-Ed Distance Medley Relay	Open Girls & Boys	1:00 PM
100 Meter Trials	Novice (Girls/Boys)	1:20
	Minor (Girls/Boys)	1:30
	Cadet (Girls/Boys)	1:40
4x800 Open Relay	Open Girls	1:50
	Open Boys	2:05
4x200 Relay	Novice (Girls/Boys)	2:20
	Minor (Girls/Boys)	2:40
	Cadet (Girls/Boys)	3:00
1600 Meters	Novice (Girls/Boys)	3:15
	Minor (Girls)	3:30
100 Meter 2-Heat Finals	ALL AGE GROUPS	3:40
1600 Meters	Minor (Boys)	3:50
	Cadet (Girls/Boys)	4:00
400 Meters	Novice (Girls/Boys)	4:15
	Minor (Girls/Boys)	4:25
	Cadet (Girls/Boys)	4:35
4x100 Relay	Novice (Girls/Boys)	4:45
	Minor (Girls/Boys)	4:55
	Cadet (Girls/Boys)	5:05
800 Meters	Novice (Girls/Boys)	5:15
	Minor (Girls/Boys)	5:25
	Cadet (Girls/Boys)	5:35
200 Meters	Novice (Girls/Boys)	5:50
	Minor (Girls/Boys)	6:00
	Cadet (Girls/Boys)	6:10
4x400 Open Relay	Open Girls	6:20
	Open Boys	6:30

Awards Presentation to follow the last race

Important Note: Field Events will not start prior to scheduled times; however they may run behind schedule. Field Events will close ONE HOUR after the posted time or after the event begins, whichever is later. Exceptions can be made with prior arrangements.

FIELD EVENTS	HIGH JUMP	LONG JUMP	SHOT PUT	TRIPLE JUMP
Novice Girls	2:45 PM	1:00 PM	4:00 PM	
Novice Boys	3:15 PM	1:00 PM	4:45 PM	
Minor Girls	3:45 PM	2:15 PM	1:00 PM	
Minor Boys	4:30 PM	2:15 PM	1:45 PM	
Cadet Girls	1:45 PM	3:30 PM	2:30 PM	4:45 PM
Cadet Boys	1:00 PM	3:30 PM	3:15 PM	4:45 PM