

**Area III CYO Track & Field Championship Meet
Saturday May 18, 2024 – Cardinal O’Hara High School
Race Schedule**

<u>EVENT</u>	<u>AGE GROUP</u>	<u>TIME</u>
Co-Ed Distance Medley	Open Girls & Boys	9:30 am
Open Relay		
100m Trials	Novice (Girls/Boys)	9:50 am
	Minor (Girls/Boys)	10:00 am
	Cadet (Girls/Boys)	10:10 am
4x800m Open Relay	Open Girls	10:20 am
	Open Boys	10:35 am
4x200m Relay	Novice (Girls/Boys)	10:50 am
	Minor (Girls/Boys)	11:10 am
	Cadet (Girls/Boys)	11:30 am
1600m	Novice (Girls/Boys)	11:45 am
	Minor (Girls)	12:00 pm
100m Finals	All Age Groups	12:10 pm
1600m	Minor (Boys)	12:20 pm
	Cadet (Girls/Boys)	12:30 pm
400m	Novice (Girls/Boys)	12:45 pm
	Minor (Girls/Boys)	12:55 pm
	Cadet (Girls/Boys)	1:05 pm
4x100m Relay	Novice (Girls/Boys)	1:15 pm
	Minor (Girls/Boys)	1:25 pm
	Cadet (Girls/Boys)	1:35 pm
800m	Novice (Girls/Boys)	1:45 pm
	Minor (Girls/Boys)	1:55 pm
	Cadet (Girls/Boys)	2:05 pm
200m	Novice (Girls/Boys)	2:20 pm
	Minor (Girls/Boys)	2:30 pm
	Cadet (Girls/Boys)	2:40 pm
4x400m Open Relay	Open Girls	2:50 pm
	Open Boys	3:00 pm

Important Note: The times listed are approximate times for races. The meet may run ahead of schedule, it is the responsibility of the participants to be available and ready when called.

* Field Events will not start prior to schedule times; however they may run behind schedule

FIELD EVENTS	HIGH JUMP	LONG JUMP	SHOT PUT	TRIPLE JUMP
Novice Girls	12:45 pm	10:45 am	9:30 am	None
Novice Boys	1:30 pm	10:45 am	9:30 am	None
Minor Girls	9:30 am	12:00 pm	10:45 am	None
Minor Boys	10:20 am	12:00 pm	10:45 am	None
Cadet Girls	11:00 am	9:30 am	12:00 pm	1:15 pm
Cadet Boys	11:50 am	9:30 am	12:00 pm	1:15 pm

Important Note: Field events are not open pits. Competitors must take their turn in order, unless participating in running events, then they must follow the event conflict rules (see page 14).

REPORT TO THE PADDOCK AREA IMMEDIATELY AFTER THE EVENT IS CALLED