

**Area III CYO Track & Field Championship Meet  
Saturday May 17, 2025 – Cardinal O’Hara High School  
Race Schedule**

<u>EVENT</u>	<u>AGE GROUP</u>	<u>TIME</u>
Co-Ed Distance Medley	Open Girls & Boys	9:30 am
Open Relay		
100m Trials	Novice (Girls/Boys)	9:50 am
	Minor (Girls/Boys)	10:00 am
	Cadet (Girls/Boys)	10:10 am
4x800m Open Relay	Open Girls	10:20 am
	Open Boys	10:35 am
4x200m Relay	Novice (Girls/Boys)	10:50 am
	Minor (Girls/Boys)	11:05 am
	Cadet (Girls/Boys)	11:20 am
1600m	Novice (Girls/Boys)	11:35 am
	Minor (Girls)	11:55 am
<b>100m Finals</b>	<b>All Age Groups</b>	<b>12:05 pm</b>
1600m	Minor (Boys)	12:15 pm
	Cadet (Girls/Boys)	12:25 pm
400m	Novice (Girls/Boys)	12:45 pm
	Minor (Girls/Boys)	12:55 pm
	Cadet (Girls/Boys)	1:05 pm
4x100m Relay	Novice (Girls/Boys)	1:15 pm
	Minor (Girls/Boys)	1:25 pm
	Cadet (Girls/Boys)	1:35 pm
800m	Novice (Girls/Boys)	1:45 pm
	Minor (Girls/Boys)	1:55 pm
	Cadet (Girls/Boys)	2:05 pm
200m	Novice (Girls/Boys)	2:15 pm
	Minor (Girls/Boys)	2:25 pm
	Cadet (Girls/Boys)	2:35 pm
4x400m Open Relay	Open Girls	2:50 pm
	Open Boys	3:00 pm

**Important Note:** The times listed are approximate times for races. The meet may run ahead of schedule, but running events will not start more than 15 minutes before the posted time.

\* Field Events will not start prior to schedule times; however they may run behind schedule

<b>FIELD EVENTS</b>	<b>HIGH JUMP</b>	<b>LONG JUMP</b>	<b>SHOT PUT</b>	<b>TRIPLE JUMP</b>
Novice Girls	12:45 pm	10:45 am	9:30 am	None
Novice Boys	1:30 pm	10:45 am	9:30 am	None
Minor Girls	9:30 am	12:00 pm	10:45 am	None
Minor Boys	10:10 am	12:00 pm	10:45 am	None
Cadet Girls	10:55 am	9:30 am	12:00 pm	1:30 pm
Cadet Boys	11:45 am	9:30 am	12:00 pm	1:30 pm

**Important Note:** Field events are not open pits. Competitors must take their turn in order, unless participating in running events, then they must follow the event conflict rules (see page 14).

**REPORT TO THE PADDOCK AREA IMMEDIATELY AFTER THE EVENT IS CALLED**