

## Archdiocesan Track & Field Championship Meet Race Schedule

### SATURDAY MAY 30, 2026

| <u>Event</u>          | <u>Age Group</u>      | <u>Time</u> |
|-----------------------|-----------------------|-------------|
| Co-Ed Distance Medley | Open Girls & Boys     | 3:00PM      |
| OPEN RELAYS           |                       |             |
| 100m Trials           | Novice (Girls/Boys)   | 3:20        |
|                       | Minor (Girls/Boys)    | 3:30        |
|                       | Cadet (Girls/Boys)    | 3:40        |
| 4 x 800 Open Relay    | Open Girls            | 3:50        |
|                       | Open Boys             | 4:05        |
| 4 x 200m Relay        | Novice (Girls/Boys)   | 4:20        |
|                       | Minor (Girls/Boys)    | 4:30        |
|                       | Cadet (Girls/Boys)    | 4:40        |
| 1600m                 | Novice (Girls/Boys)   | 4:50        |
|                       | Minor (Girls)         | 5:05        |
| <b>100m Finals</b>    | <b>All Age Groups</b> | <b>5:15</b> |
| 1600m                 | Minor (Boys)          | 5:25        |
|                       | Cadet (Girls/Boys)    | 5:35        |
| 400m                  | Novice (Girls/Boys)   | 5:50        |
|                       | Minor (Girls/Boys)    | 6:03        |
|                       | Cadet (Girls/Boys)    | 6:15        |
| 4x100m Relay          | Novice (Girls/Boys)   | 6:25        |
|                       | Minor (Girls/Boys)    | 6:35        |
|                       | Cadet Girls/Boys      | 6:45        |
| 800m                  | Novice (Girls/Boys)   | 6:55        |
|                       | Minor (Girls/Boys)    | 7:10        |
|                       | Cadet (Girls/Boys)    | 7:25        |
| 200m                  | Novice (Girls/Boys)   | 7:40        |
|                       | Minor (Girls/Boys)    | 7:50        |
|                       | Cadet (Girls/Boys)    | 8:00        |
| 4X400m Relay          | Open Girls            | 8:10        |
|                       | Open Boys             | 8:25        |

**Important Note:** The times listed are approximate times for races. The meet may run ahead of schedule, it is the responsibility of the participants to be available and ready when called.

\*Field Events will not start prior to schedule times; however they may run behind schedule.\*

|              | <u>High Jump</u> | <u>Long Jump</u> | <u>Shot Put</u> | <u>Triple Jump</u> |
|--------------|------------------|------------------|-----------------|--------------------|
| Novice Girls | 6:00PM           | 4:15PM           | 3:00            | n/a                |
| Novice Boys  | 6:00             | 4:15             | 3:00            | n/a                |
| Minor Girls  | 3:00             | 5:30             | 4:30            | n/a                |
| Minor Boys   | 3:00             | 5:30             | 4:30            | n/a                |
| Cadet Girls  | 4:30             | 3:00             | 6:00            | 7:00PM             |
| Cadet Boys   | 4:30             | 3:00             | 6:00            | 7:00               |

**SEE PAGE 14 FOR EVENT CONFLICT RULES**  
**REPORT TO THE PADDOCK AREA IMMEDIATELY AFTER THE EVENT IS CALLED**